



Foodwise Farmers Market Treasure Hunt



Directions: Explore the farmers market and complete the activities for each stop on the treasure hunt!

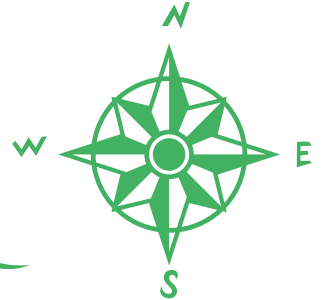
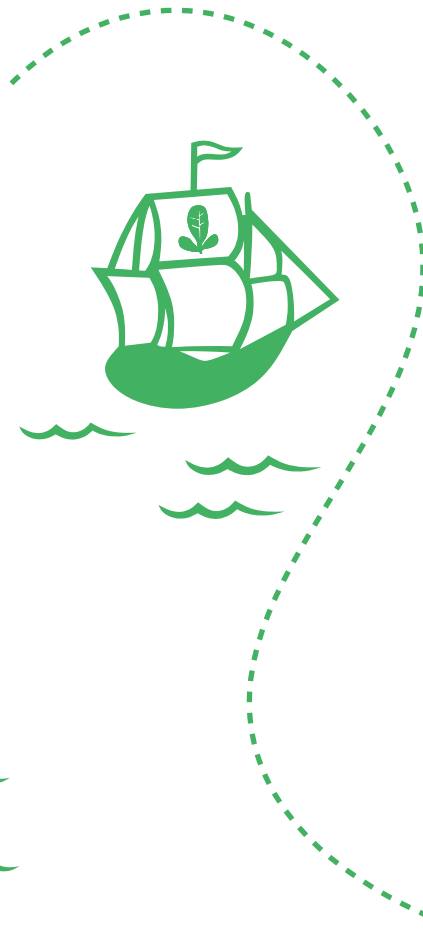


VEGGIE ISLAND

1. Look for a vegetable that comes in different varieties at the farmers market:

Name 3 varieties:

- 1.
- 2.
- 3.



SEASONAL SEAS

2. What season is it?

What is your favorite fruit or vegetable this season?

start here!



Your name: _____

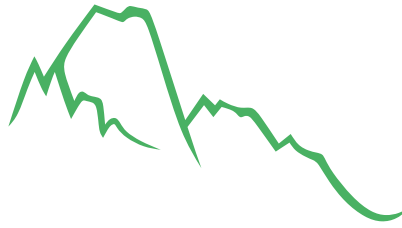
Foodwise Farmers Market Treasure Hunt



FLAVOR FIELDS

3. Ask a farmer: What is the biggest challenge they face on the farm?

What is their solution?



PRODUCE PEAK

4. Find a farm that is certified organic:

What does organic mean?
(Tip: Ask the farmer!)

FRUIT FINALE

5. Find a fruit with seeds at the farmers market and draw it:

How far did it travel to get here?
(Tip: Ask the farmer!)



end!



Foodwise

Education. Farmers markets. Community.

foodwise.org